

Dear Parents,

A culture of healthy choices starts with a team of educators at home and in school. Your cafeteria is proud to be your partner in reinforcing the importance of making healthy choices as part of a lifelong strategy for healthy living. Encourage your child to select fresh fruits and vegetables, incorporate whole grains and lean protein choices, and to pick a low or non-fat milk with each meal. We are pleased to offer a variety of choices so that together we can jump start a culture of health and well-being.

There is no school Monday, May 30 for Memorial Day. Each year, on the final Monday in May the United States celebrates the federal holiday Memorial Day. Originally, Memorial Day was known as Decoration Day, meant to honor the Union and the Confederate soldiers who died during the American Civil War. By the 1900s it had become a day to celebrate all American soldiers who died while serving in the military. It wasn't until 1967 that it was legally named Memorial Day, and it only became a federal holiday in 1971.

Pomptonian is pleased to be Summit's food service provider, and we appreciate your comments and suggestions. You can reach us at [Pomptonian@summit.k12.nj.us](mailto:Pomptonian@summit.k12.nj.us).

