## Dear Parents,

8 ounce bottles of water are available daily in all of our elementary schools for an additional \$.75. As part of the National School Lunch Program (NSLP) regulations, we are not permitted to substitute or include water as part of the meal; the guidelines explain that water does not offer any nutritional value. Instead, a variety of milk selections are offered as part of a complete meal, including 8 ounce bottles of 1% low-fat milk, non-fat milk, and non-fat flavored milk. Milk selections served have no artificial growth hormones. Twice per week, 4 ounces of 100% fruit/vegetable juice is available as part of a complete meal.

There is no school on February 15<sup>th</sup> and 16<sup>th</sup> for Presidents' Day weekend. Presidents' Day dates back to 1800. Following President George Washington's death in 1799, his February birthday became a perennial day of remembrance. While Washington's Birthday was an unofficial observance for most of the 1800s, it was not until the late 1870s that it became Presidents' Day, a federal holiday, and the date was moved. While several states still have individual holidays honoring the birthdays of Washington, Lincoln, and other figures, Presidents' Day is now popularly viewed as a day to celebrate all U.S. presidents, past and present.

February 24<sup>th</sup> is a Single Session school day; there will be no lunch service.

Pomptonian is pleased to be Summit's food service provider, and we appreciate your comments and suggestions. You can reach us at Pomptonian@summit.k12.nj.us.

