

Dear Parents,

Pomptonian is committed to helping your children purchase only the food selections you would like them to have. If you would like specific limitations on your child's lunch account, such as no snacks, only one lunch purchase per day, or no ice cream allowed, please contact Pat Smith at 908-918-2128 or psmith@summit.k12.nj.us with your child's name and the restriction you would like to add. How will it work? When your child enters their PIN in the lunch room, a note will pop up on the cashier's screen with the request you have made. This will prevent your child from buying anything you wish them not to have. It is important to remember, any requests will remain on your child's account until you instruct us to remove it.

The Vegetable of the Month is broccoli. Broccoli contains many nutrients, including Vitamin A, Vitamin C, potassium, iron, and fiber, but each ounce of broccoli also contains as much calcium as an ounce of milk. The Fruit of the Month, the pear, possesses no cholesterol, sodium, or saturated fat. There are more nutrients per calorie than there are calories per nutrient in each pear.

There is no lunch service December 23rd due to the single session day that kicks off Winter Recess. Happy Holidays and Happy New Year to all of our Summit families!

Pomptonian is pleased to be Summit's food service provider, and we appreciate your comments and suggestions. You can reach us at Pomptonian@summit.k12.nj.us.

