

**All meals include Fresh Seasonal Fruits and Vegetables;  
Salads are offered with a Roll, Bun, or Breadsticks**



**Chef Prepared Selections**



**Fiesta Bowl:** Mexican Rice with Seasoned Taco Meat, Cheese, and Tortilla Chips



**Whole Grain French Toast:** Served with Syrup and Homemade Maple Apple Compote



**Asian Delight:** Cold Sesame Noodle Salad with Vegetables topped with Sliced Fresh Grilled Chicken and a Fortune Cookie  
**(Allergy Warning – Contains Soy and Sesame)**



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**Mediterranean Medley:** Hummus with Hard-Boiled Egg, Pita, Olives, and a Stuffed Grape Leaf  
**(Allergy Warning – Contains Sesame)**



**Tuna Fish Boat:** Tuna Salad over Romaine Lettuce with Pasta Salad, Celery Sticks, Goldfish Crackers, and Apple Slices



**Chicken Caesar Salad:** Fresh Grilled Chicken over Greens with Caesar Dressing, Croutons, and a Whole Wheat Roll



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**Boar's Head Ham and Cheese on a Whole Wheat Wrap**



**Fruit Parfait:** Low-Fat Vanilla Yogurt layered with Fruit and Granola with a Blueberry Muffin



**Noah's Bagel:** Freshly Baked Noah's Bagel with Yoplait Gogurt, Cheese Stick, and Milk



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**Grilled Chicken Delight:** Diced Fresh Grilled Chicken Breast, Babybel Cheese, Pretzels, Fresh Strawberries, and Broccoli



**Cobb Salad:** Boar's Head Turkey, Bacon, Fresh Bleu Cheese, Hard-Boiled Egg, and Tomato over Greens with a Roll



**Build-A-Pizza:** Whole Grain Bagel, Sliced Boar's Head Ham, and Pepperoni, Mozzarella Cheese, Marinara Dip, Olives, Peppers, and Fresh Fruit

**Citrus Salad:** Mandarin Orange Salsa over a Bed of Mixed Greens with a Cheese Sticks and Cheese Cubes

**Breakfast Box:** Mini Cinnamon Raisin Bagel with Strawberry Cream Cheese, a Hard-Boiled Egg, and Ham Rolls

**Fruit and Cheese Salad:** Fresh Fruit and Cheese Salad over Mixed Greens with a Roll



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**Bruschetta Salad:** Garden-Fresh Bruschetta Salad with Onions and Cheese over Greens with Balsamic Vinaigrette and Breadsticks

**BLT Salad:** Bacon, Tomato, and Cheese over Greens with a Soft Roll

**Nachos Grande:** Seasoned Beef served over Crispy Nacho Chips w/ Cheese and Tomato Salsa

**Beef Tacos:** Hard Shell Tacos with Seasoned Beef, Salsa, and Shredded Lettuce, served with Seasoned Rice

**Chicken Noodle Soup Meal:** Fresh Hearty Chicken Noodle Soup with Fresh Vegetables and a side of Crackers

**Summit Chicken Bowl:** Chicken over Mashed Potatoes topped with Gravy and Corn, with a Whole Wheat Bun



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